



Camel Trail, Cornwall - Sponsored Walk, 15 and 16 August 2008

**Booking Form – return to DDP, 404 Camden Road, London N7 0SJ
mail@ddpweb.org Tel 020 7700 7298 (Reg. Charity No 1046001)**

Name(s).....

Address.....

.....

Telephone (Home/work and mobile).....

E-mail.....

The booking donation is £15 per person. Please make cheques payable to DDP

Total Amount Enclosed £.....for.....people

There is no minimum sponsorship target and everyone is welcome to join in just for fun, but we hope you will raise funds to support DDP’s programmes to help disabled people using the sponsorship form you’ll be sent on booking or through online donations at www.ddpweb.org

The Walk

The Camel Trail has been created from an old railway track and provides a fully accessible 17miles of very gentle walking through beautiful Cornish scenery ranging from wooded riverside trails to open farmland and ending on the coast at Padstow. There’s a good introduction to the trail on:
www.destination-cornwall.co.uk/Camel%20Trail/The%20Camel%20Trail%20Guide.htm



Photo: looking back at the Iron Bridge from near Padstow

We’ll start at 10am on Friday at Boscarne, finishing in good time for dinner. The walk resumes on Saturday at 10am, ending at Padstow in time for fish & chips and a paddle.....

You are welcome to join either or both days and, of course, you could enjoy another walk on Sunday before travelling back or even extend your holiday in Cornwall to take in the Eden Project and Tate St Ives etc.....

I will join Friday’s walk.....(✓) I will join Saturday’s walk.....(✓)

Joining/leaving/staying arrangements

Walkers will be sent full details of the starting points etc for each day’s walking after booking.

Truro School have kindly made accommodation available in twin/single rooms at the school. Dinner, bed and breakfast will cost only **£21.50 per person per night** fully inclusive. Places are limited so book early!

A minibus will drop walkers who are staying at Truro School at the start point and collect at them the end of each day at a cost of **£5 per person per day**.

Trains to Truro from London leave from Paddington and take 4 hrs 20 mins. A standard saver return costs **£75** for (cheapest advance fare is **£41.50**). Coaches from London Victoria take 7hrs 30 mins and cost **£34.50** return. Once we know who is coming we can co-ordinate transfers from station etc to Truro School, but you will need to book and pay for your own travel to Truro.

Alternatively please tell us if you are planning to drive and could offer lifts (state how many).....

Accommodation:

Thursday night..... (No. of people) (Cost)

Friday night (No. of people)..... (Cost)

Saturday night(No. of people)..... (Cost)

Total accommodation cost

Please tell us if you have particular dietary requirements (vegetarian/vegan etc).....

Bus fares (at £5 a day per person).....

Payment in full by 1st August

Do you have any health problems that we need to know about?

Consent Form/Disclaimer

Please read this advice, sign and date it to confirm that you have read and understood it and then return it with your booking donation.

- Please don’t do anything that could pose a risk to yourself or other walkers. Pay attention to notices on the paths about where to walk and about general behaviour while on a public footpath.
- Please listen to instructions and information about walk route from the walk organisers. If you are in any doubt about any aspect of the organisation of the walk, please let the walk organisers know as soon as possible. The walk organisers reserve the right to change the route. The walk organisers are all volunteers and do not have liability insurance cover.
- Please also be sensible about your physical capacity to complete the route. If you are feeling tired, unwell or have sustained an injury, please let the walk organisers know as soon as possible, so that arrangements can be made to assist you. Please tell a walk organiser if you leave the walk for any reason.

While every effort has been made to make the walk as safe as possible, participants are ultimately responsible for their own safety and for watching out for the safety of others, especially children.

I confirm that I have read and understood the above:

Signed:Name (please print)..... Date.....